

**LEADERSHIP** 

RoleDefinition

MUTUALDependency

RESPECT

MPATHY

Coordination

Collaboration

Trust

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Boston Rowing Center 88 Sleeper Street Boston, MA 02210



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# TEAM BUILDING AND TEAM OUTINGS

ON BOSTON HARBOR

## PACKAGE DETAILS

#### THE ACTIVITY:

Rowing in Boston Harbor in our traditional four and six-oar traditiona pilot gigs.

#### **HOME BASE:**

Outings begin and end at BRC's dock at 88 Sleeper Street adjacent to the Barking Crab restaurant in downtown Boston.

#### WHERE YOU WILL ROW:

Located on Fort Point Channel in the heart of Boston's Enterprise District at 88 Sleeper Street adjacent to the Barking Crab restaurant on Fort Point Channel, close by the bustling waters of Boston Harbor. Our docks are accessible by public transportation and convenient to public parking.

#### **OUR ROWING FLEET:**

BRCs fleet of four and six-oar traditional all-wood pilot gigs are robust and seagoing, designed for the open waters of the English Channel in an earlier era. A step back from the more familiar river racing shells used by university and club crew teams, pilot gigs are seaworthy, forgiving and easy to learn for novice rowers.

#### **GROUP SIZE:**

Our Team Outings and Team Buildings packages are designed for groups of between 4 and 30. Groups are divided into crews of 4 and 6 and assigned to a boat captained by a staff coxswain. For group members wishing to row, each boat can accommodate one ride-along person in addition to the rowers and BRC staff coxswain.

#### SAFETY:

Each boat is captained by a staff member who is responsible for rowing instruction, navigation and safety. The Boston Rowing Center has been conducting team rowing programs on Boston Harbor to favorable accolades, for more than three decades.

### **TEAM OUTING PACKAGE:**

A combination of 4 and 6-oar boats to accommodate your group size, each led by a knowledgeable BRC staff member in the coxswain's seat. Clients preferring to supply their preferred in-house team-building consultant may do so at their own cost by taking the Team Outing package and including the facilitator in the head-count.

#### **TEAM BUILDING PACKAGE:**

In addition to the Team Outing package, your group will be guided by our team-building facilitators who will highlight lessons and take-aways during the short row to your first destination. On disembarking, after reviewing lessons from the outbound row, your facilitators will lead a series of land-based problem-solving challenges designed to build trust and elevate the group's collaborative behavior. Returning by water the group is now more relaxed and has begun to experience the rewards of enhanced team cohesion: they are empowered by their mastery of a new skill and feel pride in their performance as a cohesive crew.

Returning to the workplace new bonds of trust have been formed and a deeper appreciation exists of the capability of each of their fellow team members, usually in spheres that transcend everyday workplace roles.

#### **DURATION:**

All outings are of up to 4 hours duration, with departure time and itinerary tailored for each group.

#### WHAT TO WEAR

Participants should dress in clothing appropriate to a biking or hiking trip. Wear sneakers and pack a wind-proof jacket and baseball hat for sun protection. Bring sun screen and water. Carry extra items in a small backpack or wet bag. Personal floatations devices (PFDs) are provided by BRC.

#### PRICE SCHEDULE:

See our separate pricing and activity schedule.



# WHAT TO EXPECT

Clock	Activity
00.00	Arrive at Boston Rowing Center
	docks
00:10	Boat assignments, 4 or 6 rowers
	per boat + BRC staff coxswain
00:15	Dry land rowing and safety
	instruction
00:25	Boarding, accompanied by safety
	equipment drill
00:30	Depart in company (up to five boats
	depending on group size) and row to
	a destination in Boston Harbor (such
	as Columbus Park, Nantucket Light
	Ship Museum, Piers Park)
1:30	Tie up boats and disembark
1:45	Lunch or snack
2:15	Review of the experience and Team-
	Building exercises (not applicable to
	Team Outings)
3:00	Board for return voyage
3:45	Arrive back at Boston Rowing Center
4:00	Debrief at the dock