

## Adult Rowing in Boston and Hull

The best mental health activity in Greater Boston can be found at Windmill Point, in Hull and the Boston Rowing Center at Fort Point Channel in Boston. The uninitiated need only bring appropriate footwear (that which can get wet) and a good sense of humor to learn the



time-honored skill of “pulling together.” As with all of the on-the-water programs, we row in Whitehall Fours and Pilot Gigs, choosing a boat each outing to match the crew that shows up on the beach. Warning: open-water rowing can be habit forming.

For first time rowers, we suggest that you can plan your first rowing voyage for a Saturday morning. Also, we recommend that you call to ensure that no impromptu activities have been planned for the day. Rowing memberships are open to all people 18 years and older. For more information or for daily scheduling questions call: (781)-925-5433.

### Hull Rowing Schedule:

**Where:** Windmill Point Boathouse, 185 Main Street, Hull

**When:** Saturdays, 7:30 am, year-round

Wednesdays, 6:30 pm, (June through August)

### Boston Rowing Schedule:

**Where:** Boston Rowing Center at the Barking Crab Restaurant, Fort Point Channel, Boston

**When:** Saturdays, 10:00 am

Wednesdays, 6:00 pm (March through November)

### MEMBERSHIP FEES:

**Annual Membership:** \$195 per year – March through February

**Summer Rowing Membership:** \$170 per year – March through November

**Winter Rowing Membership:** \$50 per year – November through February

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