

The Hull Lifesaving Museum Maritime Program

# South Shore Youth Rowing

*Spring Season 2016!*



**All Rowers - All Levels (Novice – Advanced)  
Tuesdays and Thursdays (weather date)  
3:00 pm – 5:00 pm  
March 22 – May 26**

**☛ YOU MUST PRE-REGISTER TO PARTICIPATE IN THE PROGRAM ☛**

**REGISTRATION DEADLINE: Thursday, March 17**

Register by printing out Registration Form from our website and sending in or dropping off check or credit card info.

## **Spring Program Components**

**ROWING!** Whenever the weather allows, we're out on the water exploring Boston Harbor and the islands.

**FITNESS!** Summer is a wonderful time of year to build fitness. We'll discover the joys, challenges, and rewards of erg'ing and strength training whenever the weather dictates.

## **Location**

All crews practice from the Hull Lifesaving Museum Boathouse at Windmill Point and the Hull Lifesaving Museum, Nantasket Avenue, both in Hull.

## Fee

\$175 per student

*(Financial assistance available if needed. (Several events have additional fees to help cover their costs. All event expenses will be posted in advance.)*

**PAYMENT IS DUE BY March 17**

***Please call (781) 925-5433 if you have questions prior to registering.***

## Weather and Practice/Event Cancellation

- **Practices and events seldom are canceled due to weather.** However, heavy rains, high winds, and high seas can lead to practice/event cancellation. Whenever possible we will work on small boat projects at the boathouse when conditions prevent on the water activities.
- **Practices begin promptly at the scheduled times.** Late arrivals hinder practice by necessitating reconfiguration of crews and boats, which takes valuable time away from on-the-water practice. ***Please make every effort to be on time to practice,*** and to let us know if you are running late so we can plan accordingly.
- **\*There will be no rowing practice during Spring Break .**

HLM staff endeavor to make accurate judgments about weather conditions daily, and email participants about the status of rowing by 2pm. If you have questions about conditions and practice please call (781) 925-5433.

# Welcome and Welcome Back!

